

# Contact Counseling

Bob Chambers MA CDP  
Director

1118 Finnegan Way, Ste 103  
Bellingham, WA 98225

Phone: (360) 671-3277  
Fax: (360) 733-9499

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Instructions for Releasing Your Assessment to an Attorney or a Probation Officer

**Contact Counseling assumes that by sending a completed release of information to us, you would like your information sent to the Attorney or Probation Officer indicated on the release of information.**

If you would like your assessment sent to your Attorney or Probation Officer, we will need you to print and complete the release of information (page 2 of this document) authorizing an exchange of information and return it to Contact Counseling.

On the release of information be sure to include the following:

- Your full name and date of birth
- The name of your Attorney or Probation Officer and relevant contact information
- Your initials where indicated
- Your signature and the date signed
- The signature of a witness (this can be anybody over the age of 18, even a friend or co-worker)
- Your phone number and approximant date of your assessment.

Please note that if the release of information is in any way incomplete, we will be unable send your assessment to your Attorney or Probation Officer.

Once complete please return the release by email to [contactc4u@gmail.com](mailto:contactc4u@gmail.com), by fax to (360) 733-9499,

Or, simply mail the release to:

Contact Counseling  
1118 Finnegan Way, Ste 103  
Bellingham, WA 98225

Please do not hesitate to be in touch with any questions at (360) 671-3277, we are happy to help.

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## DISCLOSURE AUTHORIZATION FOR THE RELEASE OF CONFIDENTIAL INFORMATION

I, \_\_\_\_\_ DOB: \_\_\_\_\_, hereby authorize an exchange of  
(Full Name of Participant)  
information between Contact Counseling and \_\_\_\_\_  
(Name of person/agency obtaining/receiving information, & relevant contact information)

Please **initial** the substance abuse information to be obtained, release and/or exchanged:

Assessment (Allows the person/agency listed above to receive details of your assessment, in writing or verbally, at the discretion of Contact Counseling. This may include details of the conversation, results of testing, and treatment recommendations)

Collaborative Information (Allows the person/agency listed above to provide additional information to Contact Counseling for your assessment)

Scheduling Assistance (Allows the person/agency listed above to assist you with scheduling, payment, and translation as needed)

Other (specify): \_\_\_\_\_

Please **initial** the purpose or need for the exchange and disclosure of this information:

Facilitate Treatment  Summarize Recommendation  Consultation

Other (specify): \_\_\_\_\_

I understand that my substance use disorder records are protected under the Federal regulations governing Confidentiality and Substance Use Disorder Patient Records, 42 C.F.R. Part 2, and the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.F.R. pts 160 & 164, and cannot be disclosed without my written consent unless otherwise provided for by the regulations.

I also understand that I may revoke this authorization at any time, except to the extent that action has been taken in reliance on it. Unless revoked earlier, I understand, that from the date of signing, this release shall expire as specified below:

6 months

I understand my treatment may not be conditioned on whether I sign a consent form, but in certain limited circumstances I may be denied treatment if I do not sign a consent form.

Participant Signature

Date

Parent or Guardian (for minors)

Date

Witness

Date

*In case we need to get in touch, please provide:*

*Participant Phone: \_\_\_\_\_*

*Date or Year of Assessment: \_\_\_\_\_*